



Metropolitan Police Service Information Pack

Volunteer Police Cadet Leader

Welcome to a changing city, a changing
organisation and a fascinating and exciting
role

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**METROPOLITAN
POLICE**

NEW
SCOTLAND
YARD

KEY THINGS TO BEAR IN MIND WHEN THINKING ABOUT VOLUNTEERING WITH MET POLICE VOLUNTEERS

WHAT ARE WE LOOKING FOR

MORE CHALLENGES.

MORE EXCITEMENT.

MORE OPPORTUNITIES.

BE AT THE HEART OF A CHANGING SERVICE.

- What do you feel you would like to contribute in terms of skills and experience?
- Would you like to assist your local Police Force?
- Do you want to develop yourself to lead and inspire young people as a volunteer Police Cadet Leader?

Everyone has something to offer as a volunteer. Even if you feel you have a few skills, you may well be able to input in some way to our organisation to make a valuable contribution. Volunteering can be a useful way to gain a network of new contacts and improve confidence. You can brush up on your skills and may even learn new ones. Perhaps you are considering the Metropolitan Police Service (MPS) as a future employer and this is an excellent way to see for yourself what it might be like.

You may discover an activity you enjoy but have never before had the opportunity to try. Prospective employers are impressed when an applicant can demonstrate their commitment and reliability by volunteering, which can be a very credible addition to a CV.

Here are some useful questions you may want to ask yourself when considering Met Police Volunteers (MPV) as the place where you would like to offer volunteering time:

- Do I find I have time on my hands and I'm thinking of volunteering?
- Do I want to make to make use of specific skills, knowledge and experience?
- Do I want to get practical experience to help me improve my CV?
- Am I interested in a one-off project based relationship, or something more long term?
- Do I want to volunteer during the day, in the evenings or at weekends?
- Am I looking for opportunities to meet new people and to make friends?

Volunteering with MPV could mean that we can give you most, if not all, of the above. We will reimburse reasonable out of pocket expenses such as public transport fares to and from your volunteering location. If you give more than four hours in one session we will reimburse up to £3 towards the cost of a meal.

WHAT WE LOOK FOR IN A VOLUNTEER

The following qualities are required:

Willingness to:

- Encourage people to support law enforcement
- Explore attitudes and feelings towards victims and witnesses of crime
- Volunteer within a framework of equal opportunities
- Complete all the modules of the appropriate MPS training course(s)

Ability to:

- Volunteer as part of a managed team, bringing special skills and talents to the team
- Be computer aware and/or be willing to be trained and bound by our procedures
- Listen to and communicate with a wide range of people, treating everyone with dignity and courtesy
- Demonstrate a caring, mature supportive attitude
- Communicate well in English; both spoken and in writing
- Be reliable, and have good time keeping skills.



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BACKGROUND TO CADETS

The Volunteer Police Cadets is one of the fastest growing uniformed Youth Organisations in the country. Currently there are over 4,500 young Londoners aged between 10-19 years engaged in the programme which has units across every London borough. We are currently recruiting adult leaders to help our Cadet coordinators to run the programme.

There is a role for everyone, from helping to run the weekly meetings; helping out at policing events alongside the Cadets and Police Officers; or helping to supervise outdoors activities together with qualified colleagues.

There may be opportunities to gain qualifications and training in skills such as Outdoor Leadership, Presentation Skills, Safeguarding Vulnerable People and Restorative Approaches.

Volunteering as an adult leader with the Volunteer Police Cadets can be an inspiring and enriching experience as you help to develop and encourage young people to achieve things that they never believed possible, and you might even surprise yourself!

If you live in a London borough please visit the Find your local VPC unit page. Choose the borough in which you live, work or study and make contact with the local coordinator about joining instructions or go to the national VPC Website and fill in the contact form.



WHAT TO DO NEXT

You do not need any specific policing knowledge to be a Cadet Leader, you will all have your own valuable skills and experience to impart to our cadets which will make for an enriching experience for all. There is something for all from administrative roles, teaching, or leading young people in outdoor activities.

Police cadets, help and assist in the community by getting involved in stewarding in local events such as career fairs, town shows, carnivals and other local events. We also assist in high profile events such as the London Marathon, Trooping the Colour, Remembrance Day, Charity Events, Film Premieres and Conferences.

We also help crack down on the selling of tobacco, weapons, alcohol, fireworks and other items that are illegally sold to young people. These operations, known as 'test purchase' are performed by cadets of suitable age alongside trading standards officers. There will be opportunities for you to assist in staffing these events if you choose to.

We also help the local Safer Neighbourhood Teams through leaflet drops, crime prevention initiatives, community safety events and street surveys.

A big part of Police cadets are their weekly Cadet Evenings. These are generally held in local schools once a week, except school holidays. During these evenings cadets learn about the police and policing through fun classroom based activities and role plays, they also do lots of different sporting activities to keep fit. All Cadet Units offer the Duke of Edinburgh Award. Without enthusiastic cadet leaders our weekly meetings wouldn't function. There will be lots on offer to get involved with, from helping to deliver classroom sessions, supervising a sports session, or even teaching the cadets how to cook on a camping stove. There's always experienced leaders on hand to help guide and assist you.

THE ROLE OF CADETS

Age Requirements

The Volunteer Police Cadets (VPC) is open to anyone between the ages of 10 to 18 years. After the age of 18, cadets have the opportunities to become a cadet instructor until they reach 19. Cadet units have a variety of different ages and a variety of ethnicity. Anyone aged 18 or over can apply to become a Cadet Leader.

Local VPC units

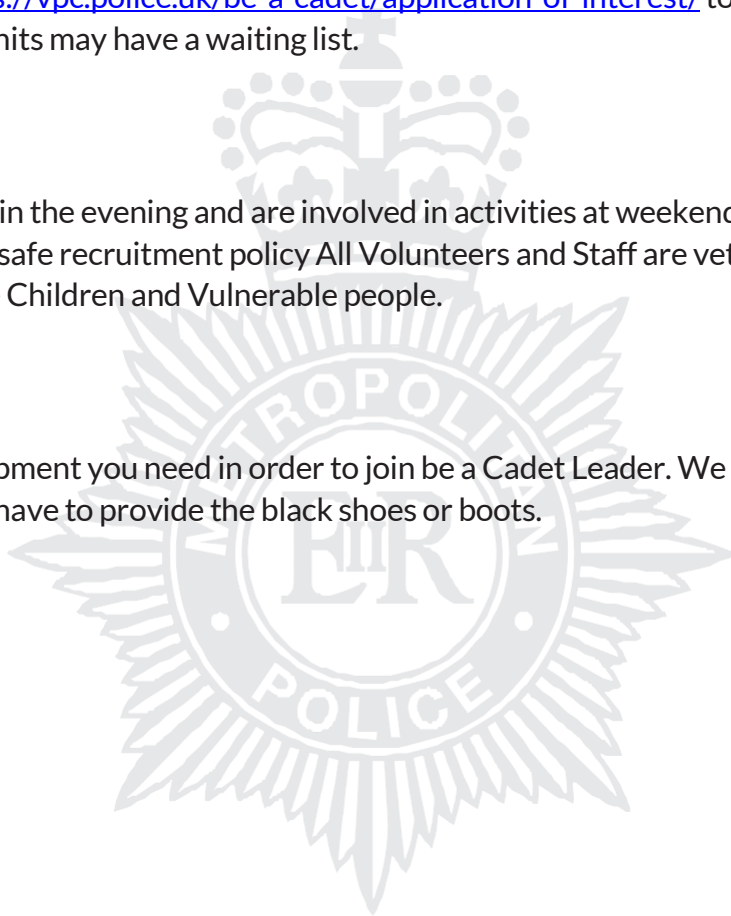
Find your local VPC unit page on the Met Careers Website. Choose the borough in which you live and make contact with the local coordinator about joining instructions. Or visit the national VPC Page and fill in the contact form <https://vpc.police.uk/be-a-cadet/application-of-interest/> to register your interest. Please note that some units may have a waiting list.

Meetings

Units meet once a week in the evening and are involved in activities at weekends and during school holidays. We operate a safe recruitment policy All Volunteers and Staff are vetted to ensure that they are suitable to supervise Children and Vulnerable people.

Equipment

There is no specific equipment you need in order to join be a Cadet Leader. We provide a uniform at no cost – however you will have to provide the black shoes or boots.



WHAT TO DO NEXT

Please submit your completed online application.

For general enquiries please visit www.metpolicecareers.co.uk, which includes an 'Answering Your Questions' section or contact the Recruitment Team on 01633 632500.

For further information please refer to the VPC site which can be found below:

<https://vpc.police.uk/be-a-leader/>

